



# THIS WEEK'S MENU

## WEEK COMMENCING 6 JANUARY 2020



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	PORK SAUSAGES & GRAVY	SPAGHETTI BOLOGNAISE (LAMB)	CHICKEN FILLETS WITH STUFFING AND GRAVY	BEEF & VEGETABLE CASSEROLE	BREADED COD
VEGETARIAN	QUORN SAUSAGES	QUORN BOLOGNAISE	QUORN FILLETS	LEEK, VEGETABLE & LENTIL PIE	MARGARITA MUFFIN PIZZAS
POTATOES/RICE/PASTA	HERB POTATOES	SPAGHETTI	ROAST POTATOES	MASHED POTATOES	THICK CUT CHIPS
VEGETABLES	CABBAGE AND CARROTS	BROCCOLI	CABBAGE	SWEETCORN & CARROTS	MUSHY PEAS
JACKET POTATO	JACKET POTATOES SERVED WITH A CHOICE OF TUNA, CHEESE & HOT JACKET FILLING OF THE DAY				
SALAD BAR	A SELECTION OF SEASONAL SALADS AVAILABLE ON THE JACKET POTATO BAR				
FRUIT	DAILY SELECTION OF YOGHURT, FRESH SLICED FRUITS OR CHEESE & BISCUITS				
DESSERT	ASSORTED FRUIT	BANANA & SULTANA FLAPJACK	LEMON DRIZZLE CAKE	YOGHURT & FRUIT	ORANGE & LEMON OATEY COOKIES